

Help Your Student Build Good Attendance Habits

Students need to be at school to connect with teachers and peers. Every day is an opportunity for your student to learn, engage with others, and get the support they need to succeed. Help your child come to school on-time, as often as possible.

1) Stay informed. Understand your student's attendance to be sure absences aren't adding up. You can see how many absences your child has by logging into Powerschool. If you use the parent app, you can see their absences in the "Classes" area – click on "Grid" if it doesn't automatically show up.

2) Talk about attendance. Start a conversation about the importance of showing up for success in school and life, and for building relationships with teachers and friends.

3) Talk about school. Find out if your child feels engaged by their classes. Know who their friends are; peer pressure can lead to skipping school, while students without many friends can feel isolated.

4) Participate. Encourage your student to join after-school clubs and sports that they enjoy. Support your student and role model the importance of going to school by participating in school events.

5) Set expectations. Unless your child is sick, they should be in school every day. If you're concerned that your child may have a contagious illness, call your school or health care provider for advice. You can also look at our "Too Sick for School?" guide.

6) Sleep matters. Set a regular bedtime and morning routine to help your student be rested and ready. Help your student establish a set homework time to ensure they get their work done before bedtime.

7) Be prepared. Get ready for school the night before; lay out clothes and backpacks so they are ready to go. Build in a little extra time in the morning in case there is traffic or other delays.

8) Make a backup plan. If something comes up, have a family member, neighbor, or another parent help you get your student to school.

9) Schedule carefully. Try to plan medical appointments and extended trips when school isn't in session. Check your school's calendar when setting dates.