

Help Your Child Succeed in Preschool and Kindergarten Build the Habit of Good Attendance



Did you know?

- Showing up on time, every day possible, is important to your child's learning and well-being from preschool forward.
- Missing 10% of school (2 days each month) can make it harder to:
 - Gain early reading and math skills.
 - Build relationships.
 - Develop good attendance habits.
- Preschool and kindergarten have many benefits!
 - The routines your child develops will continue throughout school.
 - Regular attendance helps your child gain confidence, delight in learning and make new friends.

What you can do

- Work with your child and their teacher to develop your child's strong attendance. Talk about it – sing about it – make it an adventure!
 - Set a regular bedtime and morning routine.
 - Lay out clothes and pack backpacks the night before.
 - Share ideas with other parents for getting to school on time.
- Before the school year starts
 - Find out what day school starts and begin a countdown!
 - Make sure your child has the required immunizations.
 - Attend orientation with your child to meet teachers and classmates and find out about health and safety procedures.
- Ready, Set, GO!
 - If you are concerned your child may have a contagious illness, call your school or health-care provider for advice. Ask for resources to continue learning at home.
 - Ask family members or neighbors for assistance if you need help.
 - Try to schedule nonurgent medical appointments and extended trips when school is not in
 - If your child seems anxious about going to school, talk to the teacher, program director, your doctor or other parents for advice. Make sure the program is a good fit for your child.